



Conference 2010  
Rocky Vista University

**Attention All High School Freshman & Sophomore Girls!**

Join us for an inspirational day at the  
**2010 Dare to Dream Women's Conference**

at Rocky Vista University!

**April 24, 2010**

**8:00 a.m. to 1:30 p.m.**

Registration begins at 7:45 a.m.

- ☉ Inspirational Speakers - Including Miss Colorado 2009
- ☉ Interactive Activities & Prizes
- ☉ Great Food

This FREE, fun-filled event is for girls and their mothers or guardians - Be sure to bring them along!

Please RSVP via email to:

**[DaretoDream@rockyvistauniversity.org](mailto:DaretoDream@rockyvistauniversity.org)**

Include who will be attending (freshman or sophomore + mother, aunt, grandmother, father, friend, etc.)

**Space is limited to the first 200 people**

ROCKY VISTA UNIVERSITY COLLEGE OF OSTEOPATHIC MEDICINE  
8401 S. Chambers Road • Parker, CO 80134

Dare To  
Dream  
Conference 2010  
Rocky Vista University

On Saturday April 24th Rocky Vista University College of Osteopathic Medicine will invite high school freshmen and sophomore girls to attend this exciting conference with their mothers (or someone who fills that role for them). This FREE event will feature motivating speakers and activities that will help to inspire the girls to reach for their dreams through education. They will be given college preparation information and will participate in a scavenger hunt that will help teach them the kinds of strengths (leadership, communication, resourcefulness, etc.) they need to develop in order to be successful in their pursuits. They will also attend career break out groups where they will learn about multiple careers by participating in career oriented activities.

Mothers of these youth will be given information on how to support their daughters in their pursuits and will participate in a fun activity with their daughters that will help foster good communication and build their mother/daughter relationship.

**Rocky Vista is very honored to introduce Their guest speakers:**

☺ Katie Layman, Miss Colorado 2009

☺ Karin M. Prest, LIMHP, LCSW, currently in private practice  
and founder of DBT Center of Omaha

A light breakfast and lunch will be provided to participants and guests will have the opportunity to mingle with speakers and student mentors during lunch.

This will be a very fun, informative and inspirational day that leaves all those in attendance feeling ready to achieve their dreams and goals through hard work and dedication. Those interested in attending need to RSVP via email and should include who will be attending (freshman or sophomore + mother, aunt, grandmother, father, friend, etc.)

**RSVP to: [DaretoDream@rockyvistauniversity.org](mailto:DaretoDream@rockyvistauniversity.org)**

Space is limited to the first 200 girls so RSVP quickly to reserve your spot.